



FONDATION

Driving assistance technologies and vigilance

Impact of speed limiters and cruise control on drivers



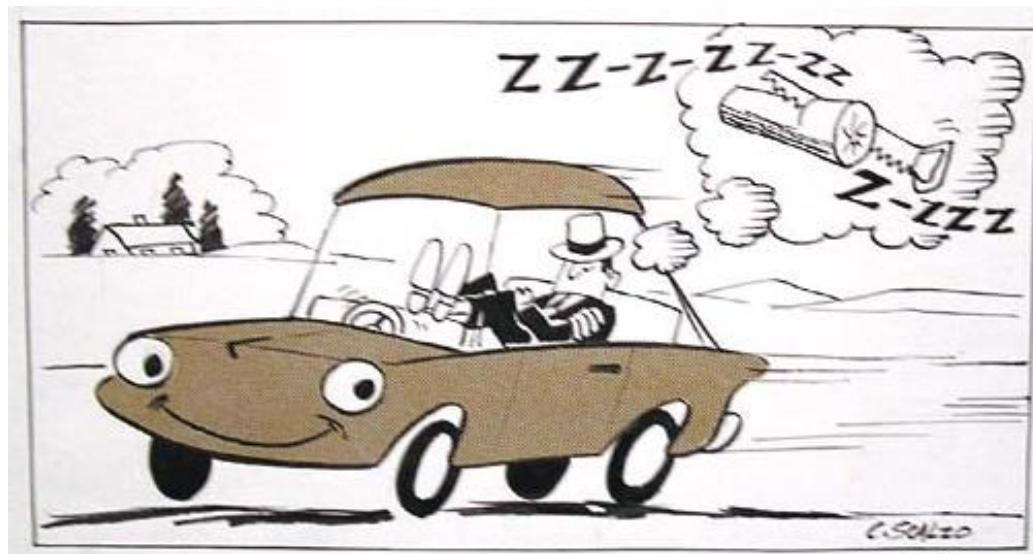
CIN

Centre d'Investigations
Neurocognitives et Neurophysiologiques
UMS 3489 CNRS - UdS



Question

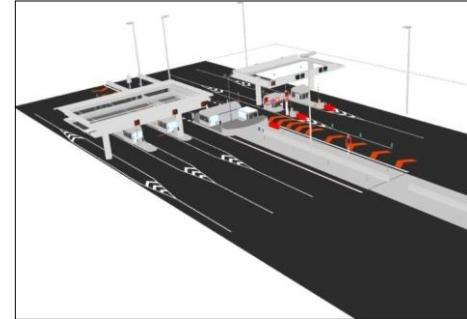
Less activity while driving = Higher Drowsiness ?



Experiment on Driving Simulator



270 Participants



Accident

Speed Control

Tollage

Work zone

Highway : 120 Km

T_0

KSS

T_{15}

KSS

T_{30}

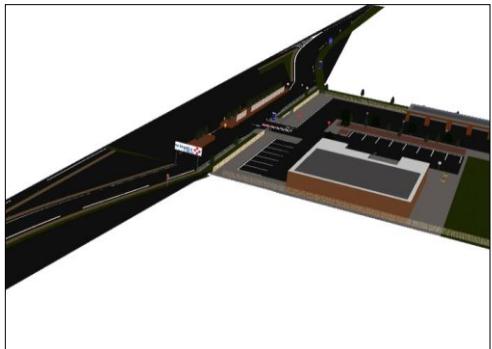
KSS

T_{45}

KSS

T_{60}

KSS



Measurements

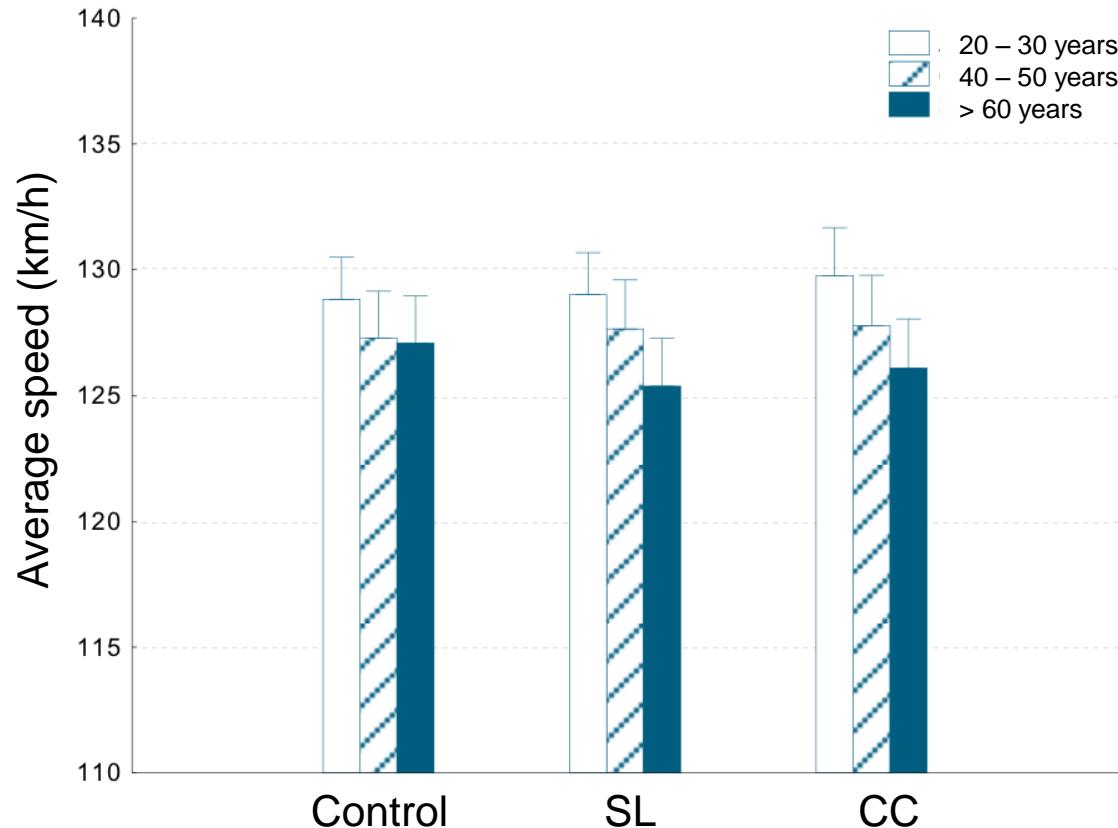
- Number of overtakings
- Distance before overtaking
- Inter-vehicle distance
- Braking delay
- Braking frequency
- Lateral position adjustement
- Speed regulation

Driving

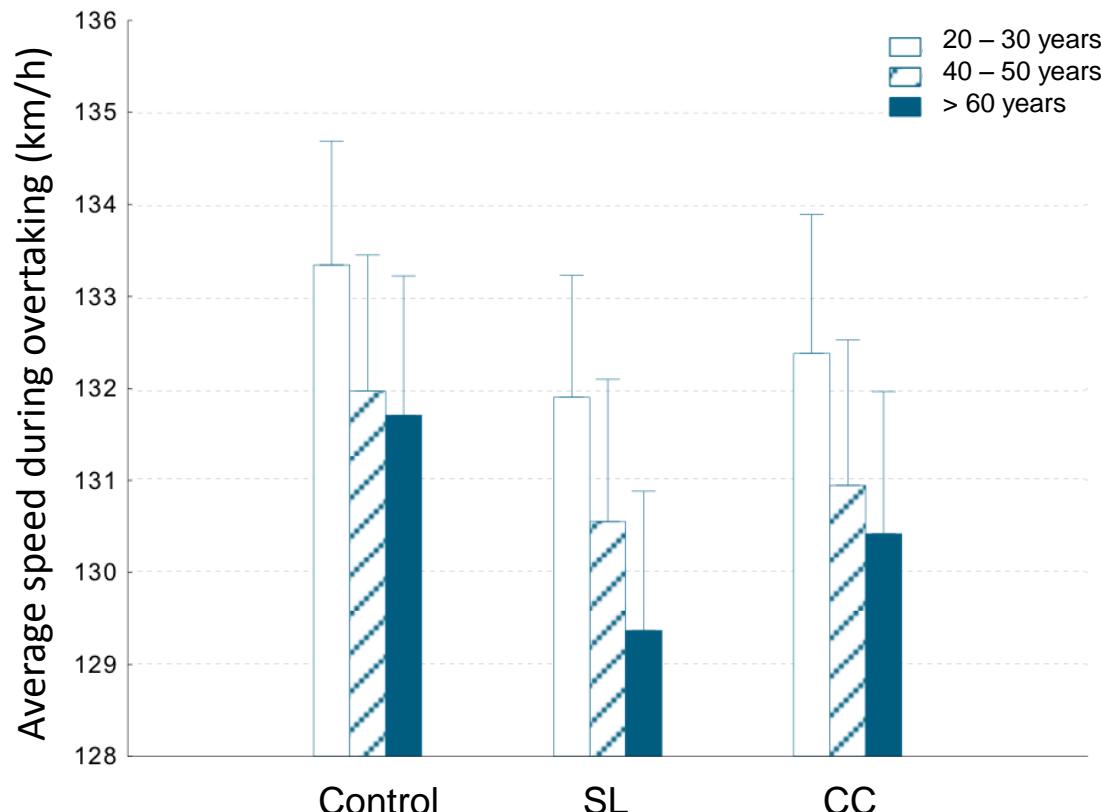
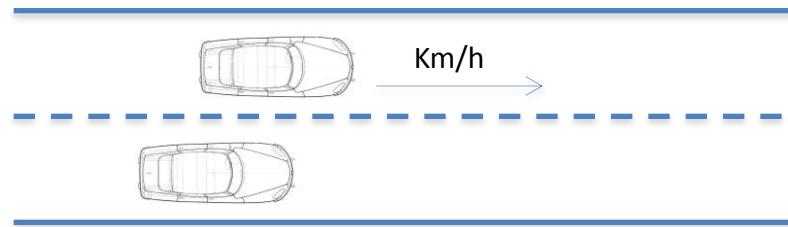
- KSS (Karolinska Sleepiness Scale)
- Alpha Rythm (EEG)
- Ocular movements (EOG)

Physiological/behavioral

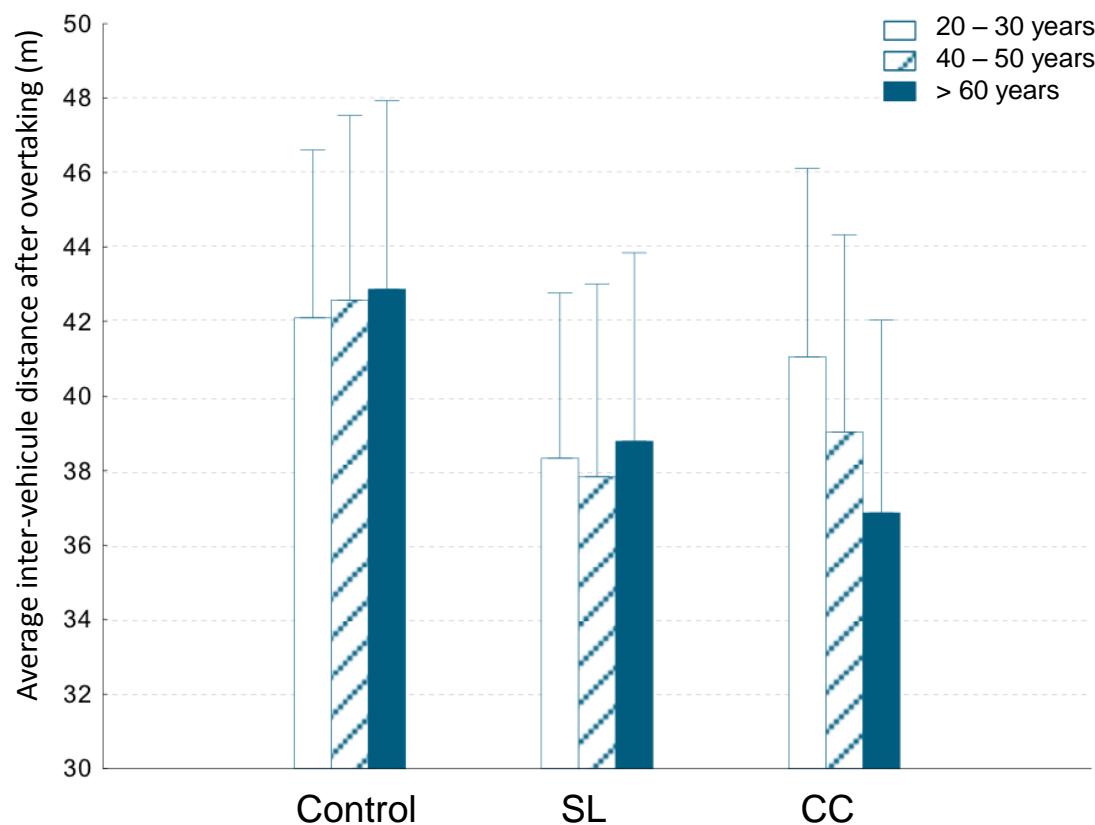
Modification of driving behaviors



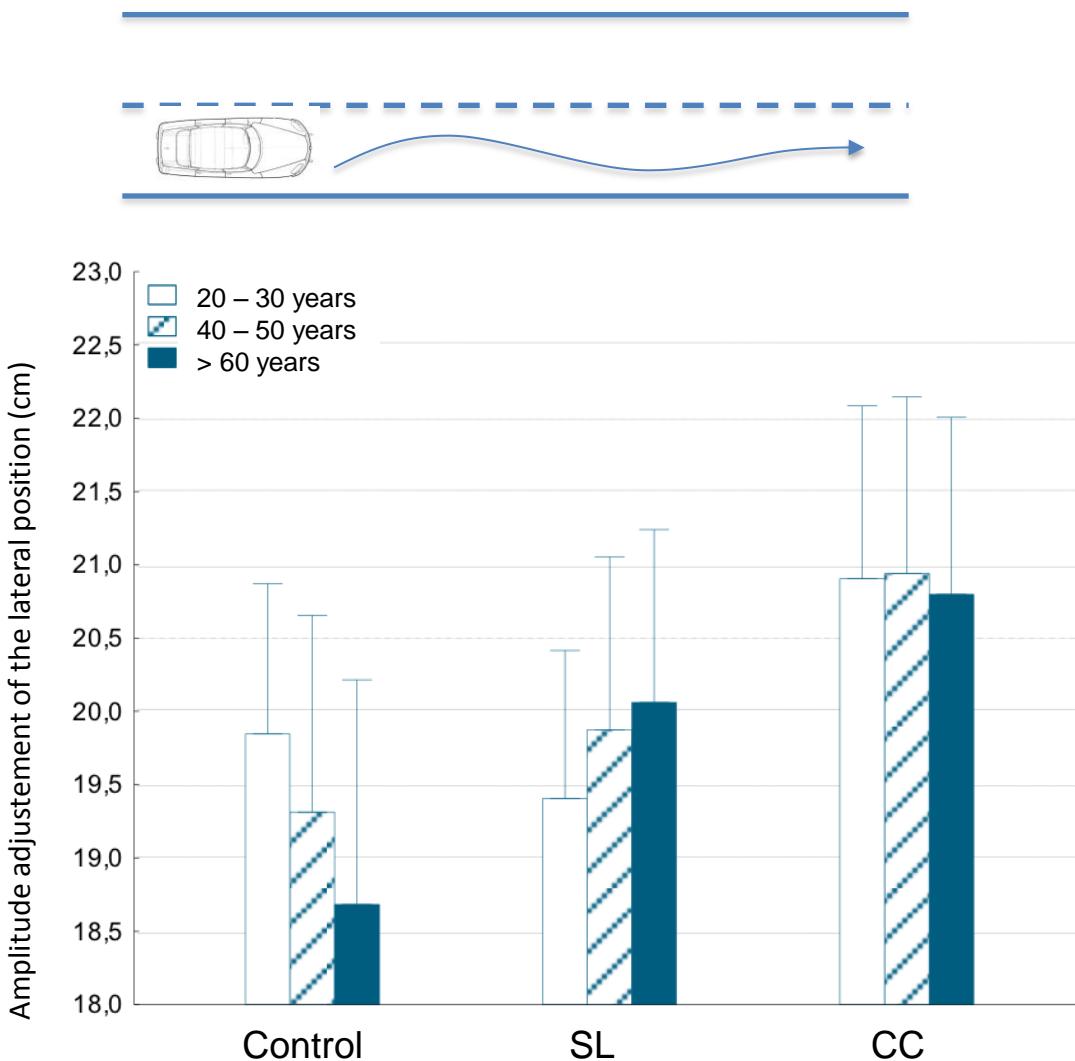
Average speed during overtaking



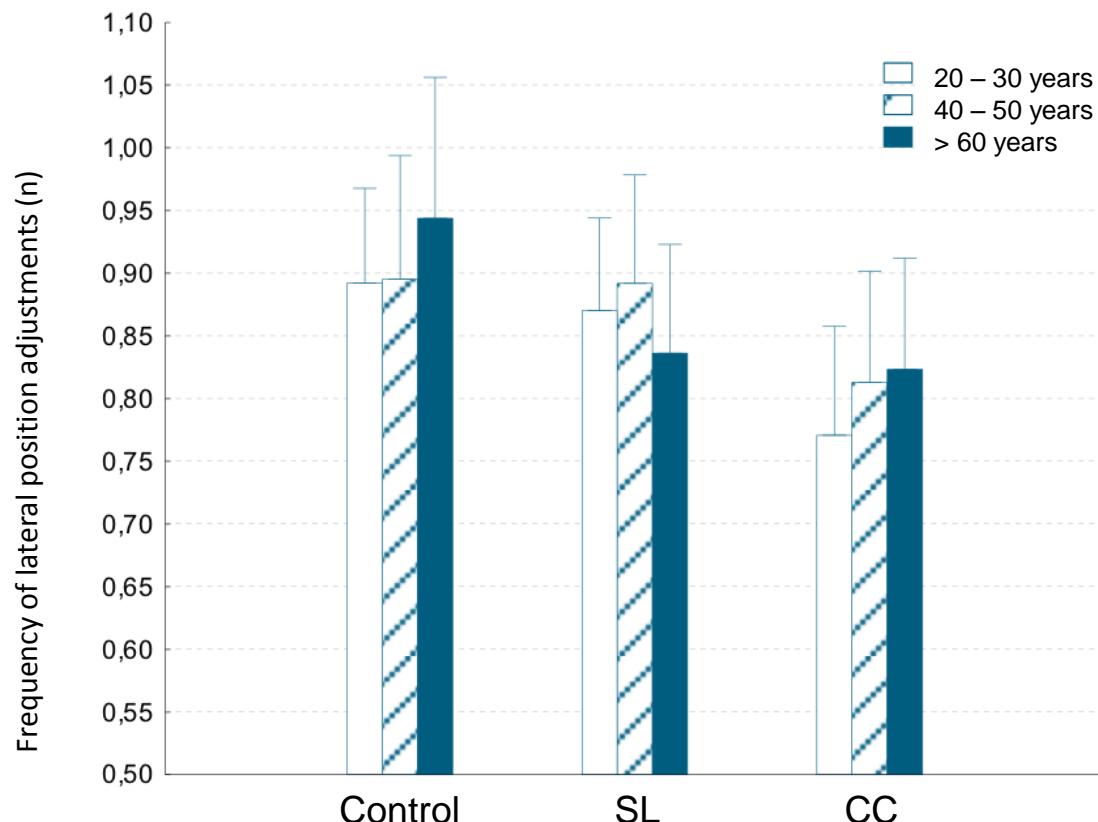
Average inter-vehicle distance after overtaking



Amplitude adjustement of the lateral position

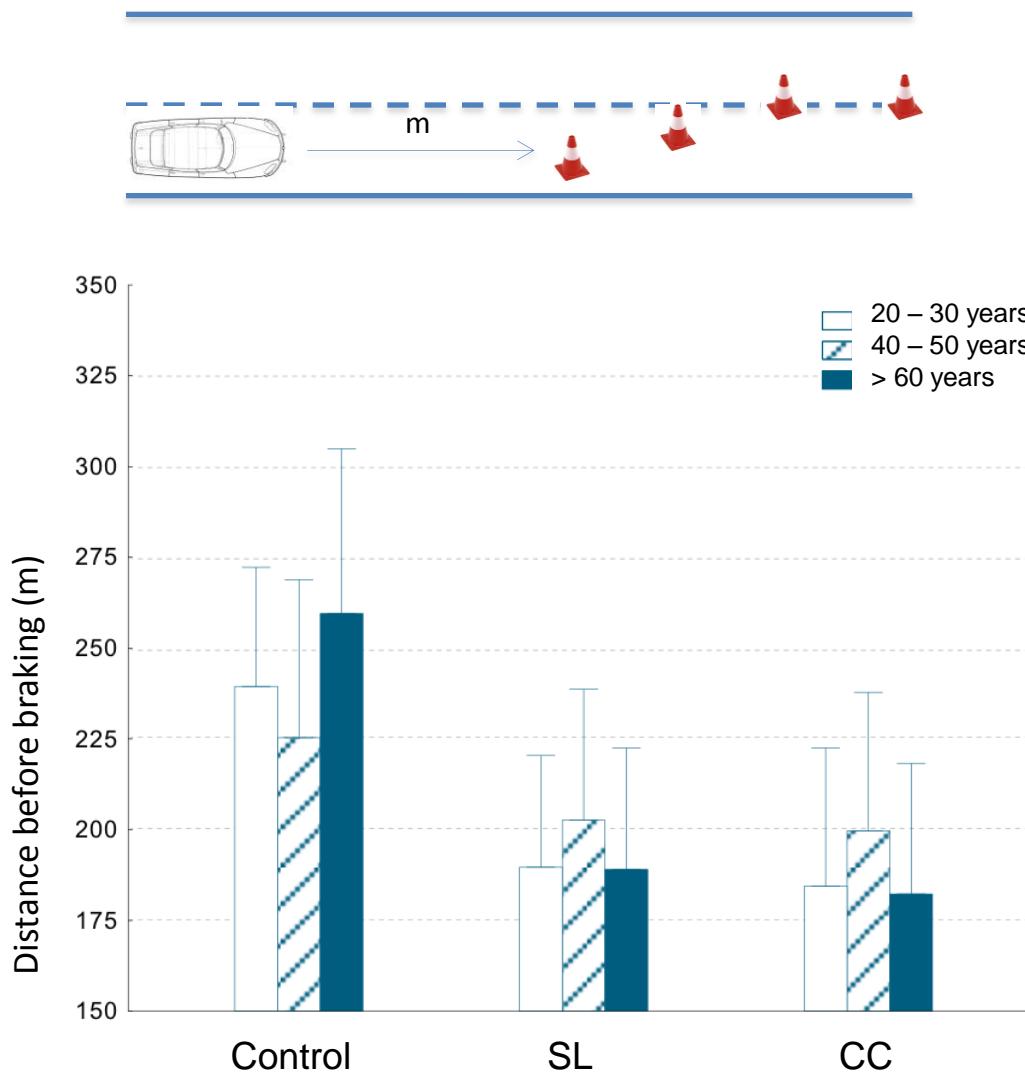


Frequency of lateral position adjustments



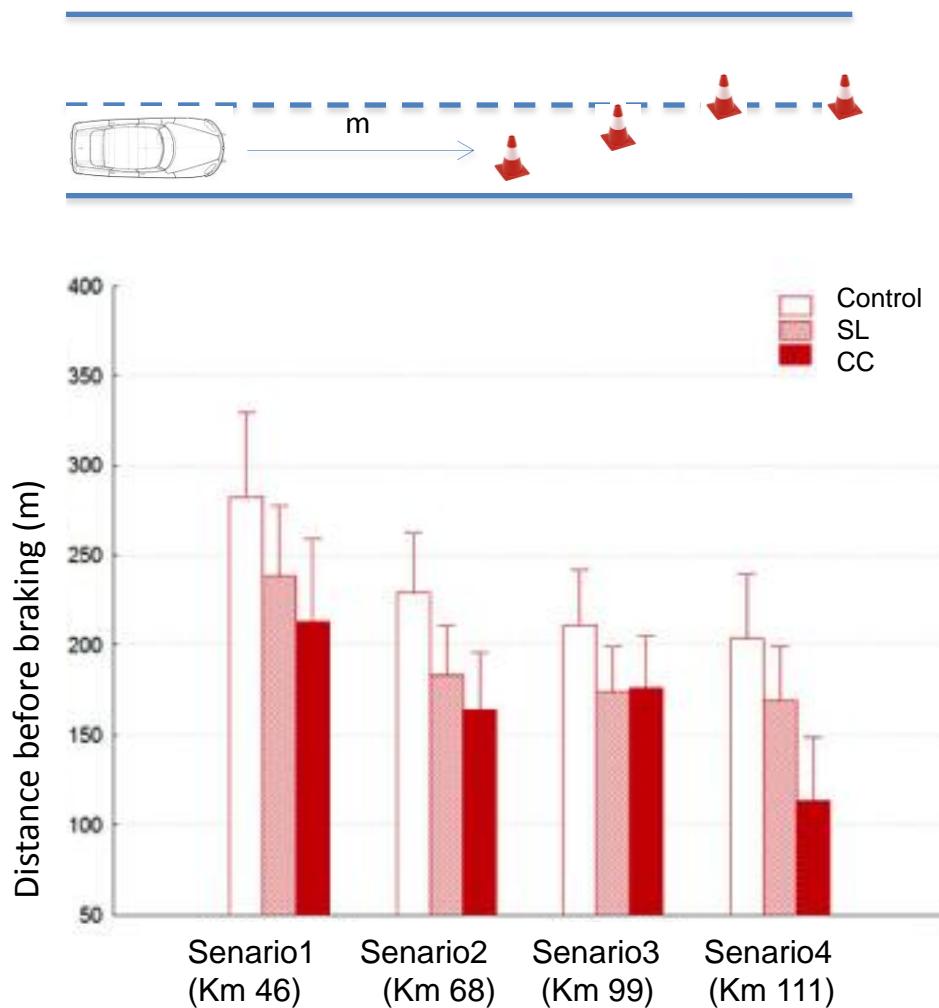
Reaction when approaching dangerous zones

Distance before braking



Reaction when approaching dangerous zones

Distance before braking

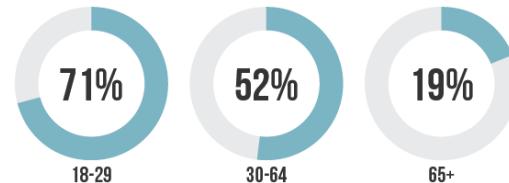


Fatigue and hypovigilance indicators

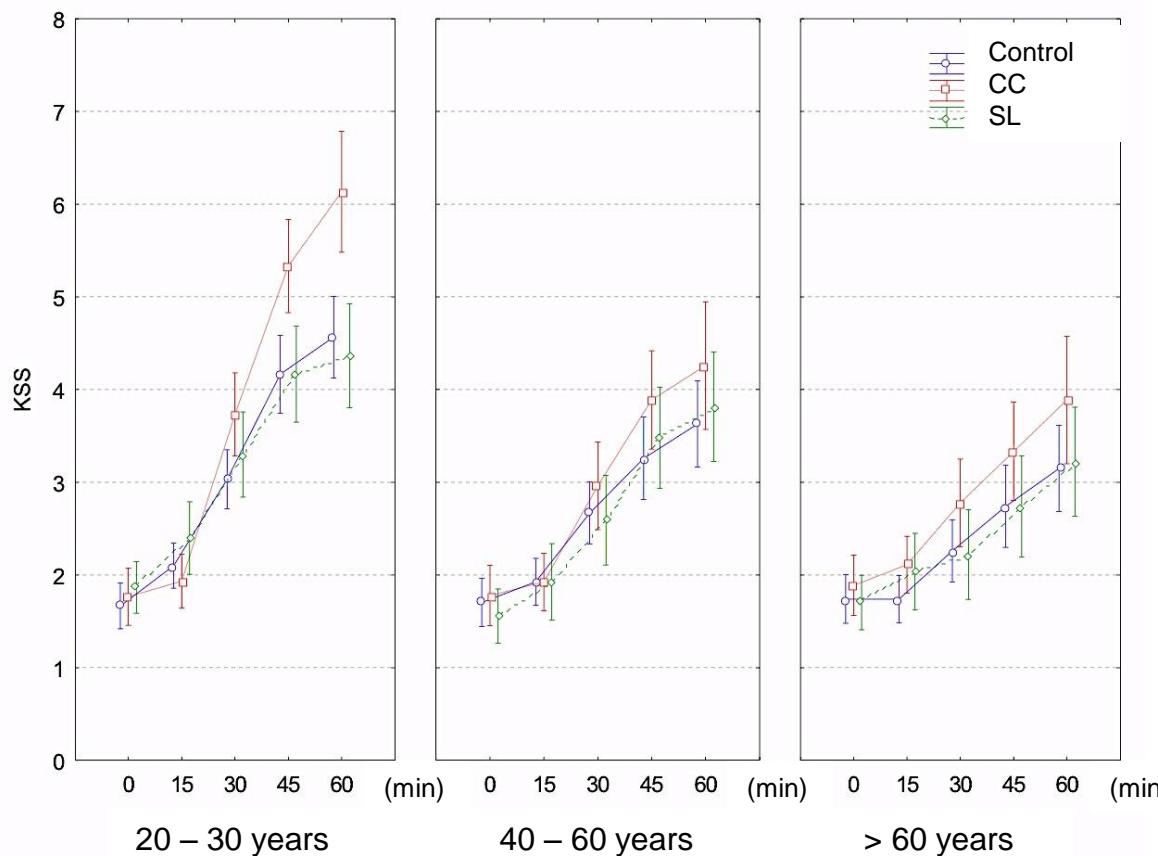
Karolinska Sleepiness Scale

1. Extremely alert
2. Very alert
3. Alert
4. Rather alert
5. Neither alert nor sleepy
6. Some sighs of sleepiness
7. Sleepy, but no difficulty remaining awake
8. Sleepy, some effort to keep alert
9. Extremely sleepy, fighting sleep

LIKELIHOOD OF DRIVING DROWSY BY AGE

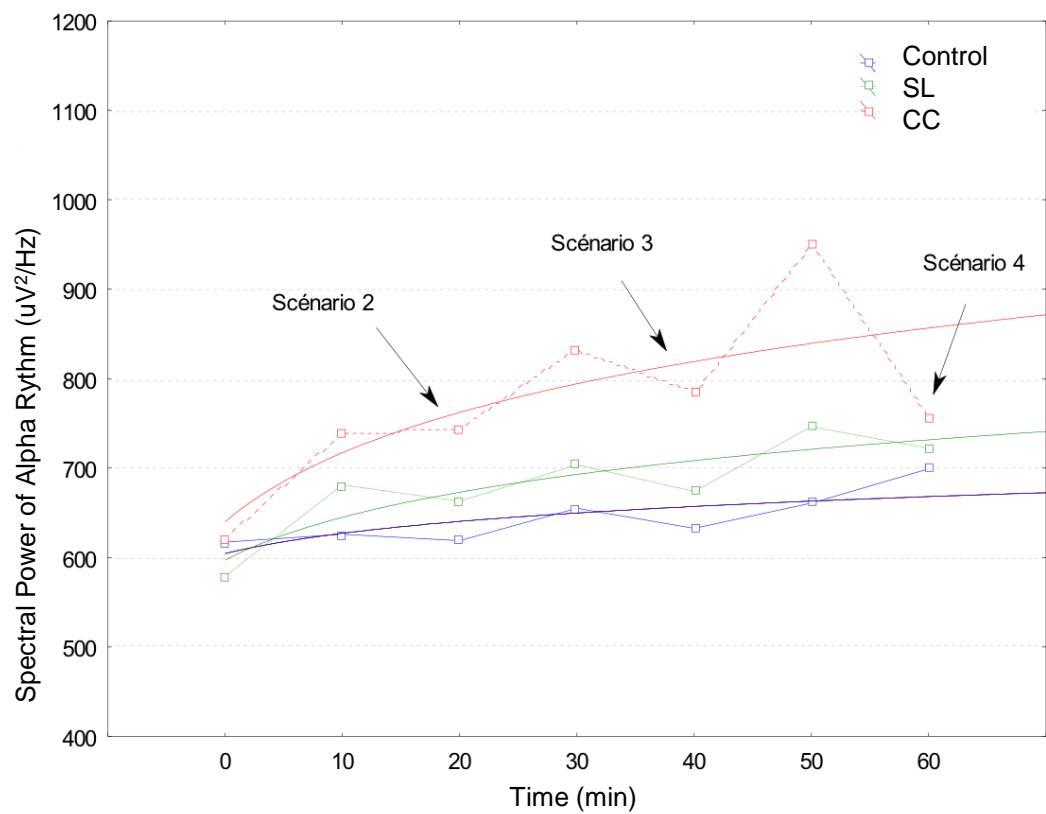


National Sleep Foundation



Fatigue and hypovigilance indicators

Alpha Rythm (EEG)



Conclusion



Traffic high

Abnormal driving behaviour

Low traffic

Higher drowsiness

Should we banish Speed Limiter and/or Cruising Control ?

No

-> Efficient tools for speed limiting

Conclusion



Recommendation

Traffic high

Do not use CC or SL

Low traffic

Drive shorter distances before rest